

For full details of what's on in Amber Valley Children's Centres visit

[www.derbyshire.gov.uk/childrenscentres](http://www.derbyshire.gov.uk/childrenscentres)

#### USEFUL TELEPHONE NUMBERS

Amber Valley Borough Council	01773 570222	NHS 111	111
Amber Valley CVS	01773 512076	NSPCC Child Protection	0808 800 5000
Escape	01773 765899	Police	999/101
Family Lives (was Parentline)	0808 800 2222	Relate	01332 349177
Futures Homescape	01773 573100	Smokefree	0800 0224322
Call Derbyshire (for information on Council Services, including Childcare Providers)	08456 058 058	Samaritans	08457 909090
Childline	0800 1111	Sexual Abuse & Incest Line	01246 556114
Citizens Advice Bureau (Heanor Clinic)	0300 4568390	Shelter (homelessness)	0808 8004444
Derbyshire Toy Library Network	0845 310 2738	Social Services Ripley	01629 533190
Domestic Violence Helpline	0808 200 0247	Speech and Language	01773 713149
JCP Benefit Enquiries	0845 6060 234	Tax Credits	0345 300 3900
JCP New Claims to Benefit	0800 055 6688	Trading Standards	03454 040506
		Victim Support	0845 303 0900
		SV2 for victims of sexual violence	01773 746115
		Umbrella Information Office	01332 785658

#### CHILDREN'S CENTRE CO-ORDINATOR

Eleanor Hedley

**Belper Children's  
Centre**  
Alder Road  
Belper  
DE56 1LP

**Crich Children's  
Centre**  
The Vicarage Mews, Off  
Coasthill, Crich  
DE4 5DS

Check out the **Facebook** page for the latest details on other events, activities and support available through



We make every effort to ensure that the information in this guide is correct  
All information was correct at the time of going to print

# Derbyshire Children's Centre at Belper & Crich



## FREE SUMMER ACTIVITIES 2015

27th July - 4th September

Health services

Job Centre Plus

Money matters

Housing advice

Family support

Nursery education

Childcare

**DERBYSHIRE**  
County Council  
Improving life for local people

## Holiday fun for under 11's

A fun session run by volunteers for a wide range of ages. A range of different equipment and fun activities to include outdoor play, arts and crafts, story time and singing. A fun way to meet other parents and their children.

## Stay, Weigh and Play

A group for new and expectant parents/carers and babies under 2 years. Stay, Weigh and Play will run alternate weeks of the month to provide an opportunity to have your baby weighed, breast feeding support, speech and language tips and a time to meet with your Health Visitor, Community Nursery Nurse and Children Centre Workers.

## Grow Your Own

A volunteer and parent led group enabling children to learn about growing food and plants with their parents, A chance to experience natural, outdoor fun and exciting play opportunities in all weathers. The children will also experience cooking food that is grown in the garden with their parents.

## New Parents Group

Come and join in this special group designed for new parents and their baby. It's a great opportunity to meet with professionals who can provide advice and tips on, breastfeeding, first aid, dental health, play and safety.

**Mum's, Dad's, Grandparents and other carers  
all welcome.**

## The Freedom Programme

A 12 week course to support women who have or are experiencing domestic abuse run by ESCAPE. Information for men experiencing domestic abuse is also available from the centres. Please contact us in complete confidence for more information.

## Taking Part in Your Centre...

### Volunteering

**Calling all parents in Crich and Belper!** Would you like the chance to learn new skills, gain training and help others in the Children's Centre and Community? You can give as much or as little time as you like. Support children/family activities, decide what you want to do. Look out for the special events to find out more or ask a member of the team for more information.

## Parents Forum

It's **Your Voice** that counts! We have regular forum meetings that help shape the Children's Centres for the benefit of children, families and your community. **Everyone Welcome!**



## Advisory Board

This group meets once a term and its purpose is to oversee and offer challenge, support and advice to the Children's Centre management and team on how services should be developed in line with the needs of local families.

Speak to the Co-ordinator if you would like to consider joining the advisory board of the centres.

# ☀️ What's on over the Summer Holiday's? ☀️

Monday	Tuesday	Wednesday	Thursday	Friday
27 Holiday Fun for Under 11's 10.00-11.30am	28 Freedom Programme 10.00-11.30am  Breastfeeding Group 1.30-3.00pm	29 No activities on	30 New Parents Group 10.00-11.30am	31 Grow Your Own Activities for Under 11 10.00-11.30am
3 Holiday Fun On the Park 10.00-11.30am  Stay, Weigh and Play 1.00-3.00 The Glebe Centre, Crich	4 Freedom Programme 10.00-11.30am  Breastfeeding Group 1.30-3.00pm	5 No activities on	6 New Parents Group 10.00-11.30am	7 Grow Your Own Activities for Under 11 10.00-11.30am
10 Holiday Fun for Under 11's 10.00-11.30am	11 Freedom Programme 10.00-11.30am  Breastfeeding Group 1.30-3.00pm	12 No activities on	13 No activities on	14 Grow Your Own Activities for Under 11 10.00-11.30am
17 Holiday Fun for Under 11's 10.00-11.30am  Stay, Weigh and Play 1.00-3.00 The Glebe Centre, Crich	18 Freedom Programme 10.00-11.30am  Breastfeeding Group 1.30-3.00pm	19 No activities on	20 New Parents Group 10.00-11.30am	21 Grow Your Own Activities for Under 11 10.00-11.30am
24 Holiday Fun for Under 11's 10.00-11.30am	25 Freedom Programme 10.00-11.30am Breastfeeding Group 1.30-3.00pm  Holiday Fun for Under 11's 1.30-3.00pm The Glebe Centre, Crich	26 No activities on	27 New Parents Group 10.00-11.30am	28 Grow Your Own Activities for Under 11 10.00-11.30am
31 <b>BANK HOLIDAY– Centre is closed.</b>	1 Freedom Programme 10.00-11.30am  Breastfeeding Group 1.30-3.00pm	2 No activities on	3 New Parents Group 10.00-11.30am	4 Grow Your Own Activities for Under 11 10.00-11.30am



All at Belper Children's Centre unless stated otherwise.  
Please also note the sensory room is available Monday-Thursday between 9.00-5.00PM all through the  
Summer Holiday's- Call 01773 822651 to book.



